

## Detailed Report of the Seminar

### SL. No-28: A Web Talk on “Hal Cheronabondhu (Do not give up friends)”

#### Name of the Activity:

A. A Web Talk on "Hal Cheronabondhu (Do not give up friends)"

B. Type of the Activity: Web-Talk

C. Organizing Department: Women's Cell, Chakdaha College

D. Date and time of the Activity: 25.12.2020 from 18.30 pm – 21.30 pm

E. Speakers: Dr. Nandini Bhowmick, Professor, Eminent Theatre Artist and Priest

F. Link of the Programme: <https://youtu.be/O3-Wdf72qZM>

G. Number of Views in YouTube: 242

H. Outcome:

Students learned to remain positive and maintain a never-give-up attitude to reach their goals in life.

(i) Students learned that no job is small, but the dignity of labour is important.

(ii) Students learned it is important to cultivate positive energy and not take it for granted to achieve success.

I. Flyer:



#### Objective:

1: Promote Resilience and Mental Health

Awareness

2: Provide Strategies for Overcoming Adversity

3: Share Inspirational Stories and Experiences

4: Promote Self-Reflection and Personal Growth

J. Photograph of the Programme:

